

RISK ASSESSMENT: Pole Dance Classes, Acorn Centre Torquay

Activity analysis



What Does This Activity Involve?

Entry and exit of building by students and instructor, warm up and cool down, equipment use, additional measures to control the spread of CoVID 19

| Hazards | Risk and outcome | Severity | Likelihood | Risk factor (prior to control) | Control measures Existing & required to be put in place | Risk factor With all controls in place |
|--|---|----------|------------|--------------------------------|--|--|
| Entry and exit to teaching room | Fire door use in event of a fire Floor based lighting Slips trips and falls | 1 | 1 | 1 | Instructor makes students aware of the fire doors location and exit Students to wear appropriate footwear or bare feet. Outdoor shoes to be taken off at the interior sliding door to the studio. | 1 |
| Equipment installation and use | Equipment installation while students are in the room Falling equipment Equipment incorrectly installed or adjusted Slippery equipment | 2 | 2 | 4 | Students only enter the room once all equipment has been installed. Only the instructor installs, removes or adjusts equipment. Students are provided with one clean cloth per person and rubbing alcohol to clean the equipment and remove slippery residue. | 1 |
| Equipment unsafe for use | Faulty equipment resulting in equipment failure or injury to students | 2 | 1 | 4 | Equipment maintenance log to be completed monthly. Visual inspection to be carried out with every equipment installation and logged on the visual inspection sheet. | 1 |
| Students colliding with each other during activity | Students injuring each other during the class | 1 | 2 | 2 | Students instructed to maintain a social distance of two metres during the warm-up and cool down and during turn-taking during class. Students in the air have right of way, per the code of conduct signed by the students. Students to control their dismounts from equipment wherever possible. | 2 |
| Students unfit for taking part in the pole class | Further injury or injury to other students | 2 | 2 | 4 | Students complete a PARQ informed consent and agree to adhere to the code of conduct for students. The instructor will verbally screen students for injury before each class and provide a thorough warm up. | 1 |
| Students injury during activity | Students incorrectly performing the moves, attempting moves they are not ready for, students falling off poles | 2 | 2 | 4 | The instructor demonstrates using a silent demonstration as well as further demonstrations as required using verbal and physical cues and instructions, verbally | 3 |

| | | | | | | |
|----------|---|---|---|---|---|---|
| | | | | | <p>screens for understanding. Students only to attempt moves they feel comfortable to try. Instructor to provide level appropriate content with regressions and progressions. Students are not to teach each other; clarification of instruction should be sought from the instructor only. Students to follow the code of conduct and studio rules.</p> <p>SPOTTING – Due to the current pandemic, there will be no physical spotting in class by the teacher or students spotting each other. Moves in class will be scaffolded in such a manner that any progressions are as safe as possible for the student to attempt.</p> | |
| COVID-19 | <p>Students spreading the virus</p> <p>Students contracting the virus</p> | 3 | 3 | 3 | <p>The studio is to follow current government advice.</p> <p>VENUE –</p> <p>Students to enter the building no earlier than 5 minutes before the class start time and walk to the studio, following venue guidance.</p> <p>Students to use hand sanitizer on entry. There is hand sanitizer provided, however, students may provide their own if it contains a minimum of 60% alcohol.</p> <p>Students to wear a face covering while in communal building areas and follow the one-way system.</p> <p>Students to maintain a social distance of 2m from other venue users.</p> <p>Studio–</p> <p>Students to arrive with their pole class wear under their outdoor clothing. Outdoor clothing to be kept to a minimum so that it can be placed into one closed bag.</p> <p>Students will arrive, undress, place their grip product and phone/camera (if applicable) into the tray provided alongside their pole cloth and cleaner.</p> <p>The tray must stay in the same location where the instructor has placed it to ensure social distance can be maintained between turn taking. The tray will act as the student's marker.</p> | 3 |

| | | | | |
|--|--|--|--|---|
| | | | | <p>Students will then take turns to store their other belongings into the storage area to maintain a social distance of 2 metres. Students to maintain a social distance of 2 metres always. Please ensure your pole partner has gone back to stand next to their tray before entering the area next to your pole.</p> <p>Belongings to be neatly stored to the side of the sliding studio door in the recess. Each student will be provided with a clean cloth and 70% rubbing alcohol in a spray bottle.</p> <p>The floor and poles (and other studio touch points as necessary) will be cleaned by the instructor at the start and end of each class. Students to wipe down the pole with the alcohol provided at the end of their turn. Students may wear a face covering if they choose but are not required to by the studio. Students should follow government guidelines regarding self-isolation. Students must disclose any confirmed case of COVID-19 to the studio either if they have been diagnosed or been in contact with a confirmed case.</p> |
|--|--|--|--|---|

| SEVERITY | LIKELIHOOD | RISK FACTOR |
|---|--|---|
| 1 – Minor injury 2 – Major injury 3 – Possible fatality | 1 – Unlikely to happen in normal operation 2 – Can happen infrequently in normal operation 3 – Common occurrence in normal operation | 1-2 – Low risk (acceptable) 3-5 – Medium risk (high monitoring) 6+ - High risk (suspend until controlled) 9 – Very high risk (stop activity) |

Risk Assessment carried out by: Louisa Maxwell

Date: 24/09/2020